



restoration ministries & biblical counseling

SOZO Restoration Ministries & Biblical Counseling, Inc.

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WHO I AM?

Day #1

1. I am the salt of the earth (Matt. 5:13).
2. I am the light of the world (Matt. 5:14).
3. I am a child of God (John 1:12).

Day #2

4. I am part of the true vine, a channel of Christ's life (John 15:1,5).
5. I am Christ's friend (John 15:15).
6. I am chosen and appointed by Christ to bear His fruit (John 15:16).

Day #3

7. I am a slave of righteousness (Rom. 6:18).
8. I am enslaved to God (Rom. 6:22).
9. I am a joint heir with Christ, sharing His inheritance with Him (Rom. 8:17).

Day #4

10. I am a son/daughter of God; God is spiritually my Father (Rom.8:14, 15; Gal. 3:26; 4:6).
11. I am a temple-a dwelling place-of God. His Spirit and His life dwells in me (1 Cor. 3:16; 6:19).

Day #5

12. I am united to the Lord and am one spirit with Him (1 Cor. 6:17).
13. I am a member of Christ's Body (1 Cor. 12:27; Eph. 5:30).

Day #6

14. I am a new creation (2 Cor. 5:17).
15. I am reconciled to God and am a minister of reconciliation (2 Cor. 5:18,19).
16. I am a fellow citizen with the rest of God's family (Eph. 2:19).

WHO I AM?

Day #7

17. I am a saint (Eph 1:1; 1 Cor. 1:2; Phil. 1:1; Col.1:2).
18. I am God's workmanship - His handiwork - born anew in Christ to do His work (Eph. 2:10).

Day #8

19. I am a prisoner of Christ (Eph. 3:1; 4:1).
20. I am a citizen of heaven, seated in heaven right now (Phil. 3:20; Eph 2:6).

Day#9

21. I am righteous and holy (Eph. 4:24).
22. I am hidden with Christ in God (Col.3:3).
23. I am an expression of the life of Christ because He is my life (Col.3:4).

Day #10

24. I am chosen of God, holy and dearly loved (Col.3:12; 1 Thess. 1:4).
25. I am a son/daughter of light and not of darkness (1 Thess. 5:5).
26. I am a holy partaker of a heavenly calling (Heb. 3:1).

Day #11

27. I am a partaker of Christ; I share in His life (Heb. 3:14).
28. I am one of God's living stones, being built up in Christ as a spiritual house (1 Peter 2:5).
29. I am a member of a chosen race, a royal priesthood, a holy nation, a people for God's own possession (1 Peter 2:9, 10).

Day #12

30. I am an alien and stranger to this world in which I temporarily live (1 Peter 2:11)
31. I am an enemy of the devil (1 Peter 5:8).
32. I am a child of God and I will resemble Christ when He returns (1 John 3:1,2)

Day #13

33. I am born of God, and the evil one - the devil - cannot touch me (1 John 5:18).
34. I am not the great "I am" (Exodus 3:14; John 8:24,28,58), but by the grace of God, I am what I am (1 Cor. 15:10).

WHO I AM?

Since I am in Christ, by the grace of God...

Day #14

35. I have been justified - completely forgiven and made righteous (Rom. 5:1).
36. I died with Christ and died to the power of sin's rule over my life (Rom 6:1-6)
37. I am free forever from condemnation (Rom. 8:1).

Day #15

38. I have been placed into Christ by God's doing (1 Cor. 1:30).
39. I have received the Spirit of God into my life that I might know the things freely given to me by God (1 Cor. 2:12).
40. I have been given the mind of Christ (1 Cor. 2:16).

Day #16

41. I have been bought with a price; I am not my own; I belong to God (1 Cor. 6:19, 20).
42. I have been established, anointed and sealed by God in Christ, and I have been given the Holy Spirit as a pledge guaranteeing my inheritance to come (2 Cor. 1:21; Eph. 1:13,14).

Day #17

43. Since I have died, I no longer live for myself, but for Christ (2 Cor. 5:14,15).
44. I have been made righteous (2 Cor. 5:21).
45. I have been blessed with every spiritual blessing (Eph. 1:3).

Day #18

46. I have been crucified with Christ and it is no longer I who live, but Christ lives in me. The life I am now living is Christ's life and He Himself is in me (Gal. 2:20; Col. 1:27).
47. I was chosen in Christ before the foundation of the world to be holy and am without blame before Him (Eph 1:4).

Day #19

48. I was predestined - determined by God - to be adopted as God's son/daughter (Eph 1:5).
49. I have been made alive together with Christ (Eph 2:5).
50. I have been raised up and seated with Christ in heaven (Eph 2:6).

WHO I AM?

Day #20

51. I have direct access to God through the Spirit (Eph 2:18).
52. I have been rescued from the domain of satan's rule and transferred to the kingdom of Christ (Col. 1:13).
53. I have been redeemed and forgiven of all my sins. The debt against me has been cancelled (Col. 1:14).

Day #21

54. I am firmly rooted in Christ and am now being built in Him (Col. 2:7).
55. I have been spiritually circumcised. My old unregenerate nature has been removed (Col. 2:11).
56. I have been made complete in Christ (Col. 2:10).

Day #22

57. I died with Christ and I have been raised up with Christ. My life is now hidden with Christ in God. Christ is now my life (Col. 2:12-13; 3:1-4).
58. I have been given a spirit of power, love, and self-discipline (2 Tim. 1:7).

Day #23

59. I have been saved and set apart according to God's doing (2 Tim 1:9; Titus 3:5).
60. Because I am sanctified and am one with the Sanctifier, He is not ashamed to call me brother/sister (Heb. 2:11).

Day #24

61. I have the right to come boldly before the throne of God to find mercy and grace in time of need (Eph 3:12; Heb. 4:16).
62. I have been given exceedingly great and precious promises by God by which I am a partaker of God's divine nature (2 Peter 1:4).

MY RELATIONSHIP...

Day #25

63. I am a child of God - His is my Father (1 John 3:1,2).
64. I am Christ's friend (John 15:15).

Day #26

65. I am born of God (1 John 4:7).
66. I have been adopted by God (Romans 8:15)

WHO I AM?

MY INHERITANCE...

Day #27

- 67. I am an heir of God (Romans 8:17).
- 68. I am a joint heir with Christ (Romans 8:17; Gal. 4:17).
- 69. I am blessed with every spiritual blessing (Eph. 1:3).

Day #28

- 70. I am a child of promise (Romans 9:8; Gal. 3:14).
- 71. I have been given great promises (2 Pet. 1:4).

MY TRANSFORMATION...

Day #29

- 72. I am redeemed and forgiven (Eph. 1:6-8).
- 73. I have been justified - made righteous (Romans 5:1).
- 74. I have eternal life (John 5:24).

Day #30

- 75. I died with Christ to the power of sin (Rom. 6:1-6).
- 76. I am free from condemnation (Rom. 8:1).
- 77. I have received the Spirit of God (1 Cor. 2:12).

Day #31

- 78. I have been given the mind of Christ (1 Cor. 2:16).
- 79. I have been crucified with Christ (Gal. 2:20).
- 80. I am a new creation (2 Cor. 5:17).

Day #32

- 81. I have been made alive with Christ (Eph. 2:5).
- 82. I am God's workmanship (Eph. 2:10).
- 83. I have received fullness in Christ (Col.2:10).

WHO I AM?

MY POSITION...

Day #33

- 84. I am connected to the true vine (John 15:1,5)
- 85. I am a willing slave of righteousness (Rom. 6:18,22).
- 86. I am one spirit with the Lord (1 Cor. 6:17).

Day #34

- 87. I am a temple of God (1 Cor. 3:16; 6:19).
- 88. I am member of Christ's body (1 Cor. 12:27).
- 89. I am reconciled to God (2 Cor. 5:18).

Day #35

- 90. I am a saint (Eph.1:1; 1Cor. 1:2; Phil 1:1).
- 91. I am a fellow citizen in God's kingdom (Eph. 2:19).
- 92. I have been brought near to Christ (Eph. 2:13).

Day #36

- 93. I am to be righteous and holy like God (Eph. 4:24).
- 94. I have direct access to God (Eph. 2:18).
- 95. I am citizen of heaven (Phil. 3:20).

Day #37

- 96. I have been rescued from Satan's domain (Col. 1:13)
- 97. I am hidden with Christ in God (Col. 3:3).
- 98. I am chosen of God - holy, beloved (Col. 3:12).

Day #38

- 99. I am a child of light, not darkness (1 Thess. 5:5).
- 100. I am a partaker of Christ (Heb. 3:14).
- 101. I am one of God's living stones (1 Peter 2:5).

Day #39

- 102. I am a member of a royal priesthood (1 Peter 2:9).
- 103. I am to be a stranger to this world (1 Peter 2:11).
- 104. I am an enemy of the devil (1 Peter 5:8).

WHO I AM?

MY CALLING...

Day #40

- 105. I am to be the salt of the earth (Matt. 5:13).
- 106. I am to be the light in the world (Matt. 5:14).

Day# 41

- 107. I am chosen and appointed to bear fruit (John 15:16).
- 108. I am called to do the works of Christ (John 14:12).

Day #42

- 109. I am to do what Christ commanded His disciples (Matt. 28:20).
- 110. I have been given spiritual authority (Luke 10:19).

Day #43

- 111. Signs should accompany my work (Mark 16:17-20).
- 112. I am a minister of a new covenant (2 Cor. 3:6).

Day # 44

- 113. I am a minister of reconciliation (2 Cor. 5:18, 19).

Day #45

- 114. I am to be an expression of life in Christ (Col. 3:4).
- 115. I am a partaker of a heavenly calling (Heb. 3:1).